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SUPPORT CAMBODIA

Charity Number 1160483

Helping Communities in North-West Cambodia



MANGO NEWS

Summer 2022



As UK-based **'SUPPORTERS'** will have read in the June Update, the charity's latest major project, the **THE SEWING CENTRE in PAILIN**, has now been open since May and the trainees are becoming more proficient and confident as each week passes. Having made hundreds of shirts, the ladies are now moving on to school uniform trousers and skirts.

Sister Vangie says that all the trainees *"can [now] cut and sew already, not yet so perfect but it is a good start. Hopefully they can start to cut the students' uniform the following week. This week the trainer was sick so she need a week rest. Hopefully she will be back next week. Even if the teacher is not there, all of them come to continue to learn - they teach each other."*



Details of the project and more pictures may be found on our website www.supportcambodia.org.uk/NEWS where there is also a short video clip of the Centre in action.

Bob Maidment Vocational Training

Our next project, to be launched in the autumn, will give selected young people from Pailin Province the opportunity to acquire practical skills [eg: mechanics, carpentry, beauty care, tourism etc.] together with basic entrepreneurship, management and accounting. Using contributions given in memory of our former Trustee **Bob Maidment** following his death in April 2020, this scheme is designed to give opportunities to students from poor, rural families who otherwise would not be able to afford this sort of training. It's a very fitting tribute to Bob, who had such a good rapport with teenagers and young adults.

In a way, this is a natural development from the **Sewing Centre** [above] and **Support Cambodia** will once again be working closely with **Father Carlos, Sister Vangie** and this time, also with the **Marist Education Centre** - a collaboration that will also benefit the many community programmes run by our contacts in the Pailin area.

HOW IT WILL WORK:

- **Course length:** mostly two years
- **Cost:** approximately £500-£750 per student per year [variable according to the course/ location and whether accommodation is needed]
- **Number of students per year:** initially two, rising to three in the second year.
- **How they will be selected:** personal recommendation, a strong work ethic and final exam results.
- **When it will start:** selection of students in November 2022 to start January 2023
- **Who will oversee it:** **Sister Vangie, Father Carlos** and the **Marist Education Centre**
- **Student contribution:** variable according to what each

family can afford but the students are encouraged to put something back into the local community upon completion of their studies.

For example, **Chan Nan** [banking & finance] and **Chrok Man** [agriculture] have both been working on Sister Vangie's community projects during their final year at college.



Chan Nan



Chrok Man

The Vocational Training scheme is intended to be an ongoing project in Bob's memory and although funding for the first year is obviously in place [thanks to the generosity of those who contributed in 2020], we need to ensure this funding continues well beyond the first two years.

IF YOU WOULD LIKE TO SUPPORT EITHER OF THE INITIATIVES

we'd be delighted - these long-term projects are very much an investment in the future. To ensure your donation is directed appropriately, please mark it "SEWING" or "BOB MAIDMENT".

Thank you.

From the Trustees...

The far-reaching effects of Covid-19, the war in Ukraine, a huge rise in the cost of living and UK society's increasing focus on themselves rather than on the wider world has had a serious impact on all charities, including **Support Cambodia**. Probably for similar reasons, communication with many of our previous Cambodian contacts is much reduced so we are no longer receiving project requests from some long-standing centres. The exceptions have been **Pailin** and **Siem Reap** who kept in touch throughout the very difficult days of lockdown and these are the centres where the majority of donated money has been spent in the last two years.. So, in order to ensure the effective continuation of the charity, and taking all the evidence into account, the Trustees have made the difficult but necessary decision to **restrict the charity's area of operation to just two areas of Cambodia:**

1. **Pailin Province**
2. **Betty Millena's projects around Siem Reap.**

With immediate effect, applications from other centres will only be considered in exceptional circumstances, and then only on an individual basis.

We feel this move will enable us to maintain not only accountability to our donors but also the close personal relationship with our Cambodian contacts - two factors central to the success of **Support Cambodia** over the last 7 years.

Thank you and well done to...

Maria Brown and Anne Jackson [below] for braving the unseasonable British summer weather to run a tombola at an Upton Village event on June 18th, bringing in nearly **£60** for the Sewing Project.....



Fran Ludden and her team of lovely ladies [below] for raising **£157.45** at the July Table Top in Aylsham, also for the Sewing Project. Our stall at Aldborough Fayre on June 26th brought in another **£111.66**.



Event News & Fundraising



Are you making jam or preserves this year?

If so, please consider making some for **Support Cambodia**. We can supply jars with the distinctive check lids if you can provide the contents! Please get in touch if you would like to help us out in this way.

Throughout July and August:

'**The Hutch**' at Ivy Cottage, Wickmere [plants, jam and small gifts] and '**Carol's Stall**' at 36 Norwich Road, Cawston [plants and books] are both open daily, weather permitting. All proceeds this summer from both stalls are going to the **Sewing Centre Project** and together they have so far raised a wonderful **£450** - 'garden gate' stalls really do work! Thanks to everyone who has contributed by buying or by providing plants for sale.



The Hutch



Carol's Stall

In addition, **Ivy Cottage Garden** is open daily. Free entry - optional donation to **Support Cambodia**.



Ivy Cottage Garden

Sunday 4th September: Stall at Mannington Charity Day 11am - 5pm. This annual event is organised this year by the **Norfolk Knitters & Stitchers** on behalf of Lady Walpole and will feature a Teddy Bears Picnic, Bear Trail and an Artefacts and Fashions Exhibition. Around 20 local charities will have their own stalls including **Support Cambodia**. *Helpers will be needed for our stall - please get in touch if you can*

help.

Sunday 4th September from 11am.

Admission: £6.00, children under 16 free.

Friday 17th November: Coffee and Cake Morning

We'd like to let you know about our next fundraising event and encourage you to think about joining in. We are asking our **SUPPORTERS** to run a **coffee and cake morning in their own homes**, for a small number of friends, family or neighbours on or around **Friday 17th November**.



Further details will be available in the **September Update** and we will be sending out blank posters, sheet of ideas, fliers to share etc. In the meantime, please consider joining in and put the date in your diary. Further information to follow.

Talks

Knowledge and accurate information are key to providing effective help for those in need and we are **very keen to give talks** on any aspect of Cambodia - any-sized group and any venue [your own home, village hall, church centre etc]. Even if talks are not relevant to you, **we'd be grateful if you could publicise this offer among your friends and contacts**.

If you would like to know more, please get in touch.

Easyfundraising - Feel good shopping

Thank you to everyone for raising donations for **Support Cambodia** with Easyfundraising - we've raised **£243** so far! If you haven't signed up yet, it's easy and completely FREE. 6,800 shops and sites will donate to us when you use Easyfundraising to do your everyday online shopping - at no extra cost to you. **Every donation you raise makes a difference to us so please [sign up here](#) today.**

[Nectar Donate](#)

You can '**Support Cambodia**' by linking your Nectar card to Support Cambodia's Crowdfunder account. 500 Nectar points will earn Support Cambodia £2.50!

Visit our dedicated [Crowdfunding Page](#) and when you get to the "Payment method" screen, select "Donate with Nectar".

The best thing about Nectar Donate is that it won't cost you or us anything. Crowdfunder has generously waived platform fees for anyone donating their points. If you haven't used your Nectar card for a long time, why not dust it off now, **check your account balance and donate those points to us?** Many thanks for your ongoing support and generosity!

www.supportcambodia.org.uk



Most of our **latest news and pictures** appear first on our **Facebook Page** which is directly accessible from the website. You do not need to be a Facebook user to read this! But there's much more on the website! So make yourself a cuppa... and have a browse!

Contact Us

Would you like to know more about **Support Cambodia**? We can offer illustrated talks on both Cambodia and the work of the Charity. There is no charge but donations are welcome

SUPPORT CAMBODIA

Call on: +44(0) 1263 577784
Send a text to 07759982011

Support Cambodia
Ivy Cottage
22/23 Regent Street
Wickmere
Norfolk
NR11 7ND
info@supportcambodia.org.uk



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