

SUPPORT CAMBODIA

Charity Number 1160483
Helping Communities in North-West Cambodia

MANGO NEWS

Summer 2021



Jobless, Homeless and Hungry

Table Top Sales in June and July, a yard sale, steady trade in the **Support Cambodia** Shop and several generous individual donors = one sustainable house and the equivalent of 100 x £10 Food Packs. What for? to provide emergency assistance for people in Pailin Province who are now jobless, homeless and hungry as a direct result of the restrictions imposed by Covid-19.

It's the single mothers, the elderly and people with disability who are most affected. Grateful thanks to everyone who responded so generously to our request for help.

Thanks to that generosity, over the next few months, **Support Cambodia** will be able to send a total of almost **£4000** in food aid to Cambodia, mostly in Pailin Province.



The two-room renting house is intended specifically to provide temporary accommodation to homeless families and help to get back on their feet by working the land around the house.

Presently there is no clean water supply, so the next project is to sink a borewell. This will cost **£1200** and benefit not only the occupants of the house, but also the neighbouring families and the farm which provides work for local people.

Support Cambodia will fund the project which will be the focus of the

Abbie Cycles for Day So Primary



Abigail Durrant is from Wiltshire studying A-Levels at Sixth Form and is a keen member of a local sports team. Through school Abbie became aware of an expedition to Cambodia which supports local community projects through fundraising and became keen to be involved with the projects and visit Cambodia. Due to the onset of COVID just after the expedition was planned, Abbie decided to fundraise by taking on the challenge of a 5000 KM virtual cycle ride over the time until departure. The on-line cycling platform Kinomap provides a way to automatically record the virtual distance covered. So far Abbie has completed 377 rides over 166 hours and climbed the equivalent of Mount Everest (8848 vertical metres). However, due to COVID restrictions the expedition, due to take place this summer, was cancelled. Instead, Abbie has very generously redirected some of her fundraising to provide [through **Support Cambodia**] a much-needed **Handwash Facility at Day So Primary School** in a remote location around 20 miles from Pailin City. Day So Primary has a borewell [put in by **Support Cambodia** in 2018] but hand hygiene in Cambodian schools is not always good and Covid 19 has made this an urgent need.



The handwash in the picture is of a very similar facility put in by **Support Cambodia** at Rohal Primary in 2019.

If you'd like to support Abbie's fundraising ride or find out more just click on this link:

<https://gofund.me/8a1f4be6>

**Wickmere Open Garden & Village Yard Sale:
Saturday 21st August**



SUPPORT CAMBODIA

Registered Charity No. 1160483

WICKMERE OPEN GARDEN

AND

VILLAGE YARD SALE

Ivy Cottage, Wickmere [near Erpingham] NR11 7ND

11am SATURDAY 21ST AUGUST 4pm

Table Top Sales...Craft, Plant & Produce stalls
Collectables...Raffle...Refreshments...Parking

in aid of:



SUPPORT CAMBODIA Clean Water Projects



SUPPORT CAMBODIA takes no costs from charity donations

PRINTING SPONSORED BY
WOODGATE NURSERY AYLSHAM

Visit our website: www.supportcambodia.org.uk

phone 01263 577784 // 07759982011

Follow us on Facebook

Printing kindly sponsored by Woodgate Nursery, Aylsham

If you don't already have this in your calendar – please do it now!! - as we need your support to make it a really good event. The event is centred on **Ivy Cottage** [entry free – donation optional] and the basic details are on the poster, with more to come on the website under [DIARY](#). But just a few to whet your appetite:

Stalls include: **Tuliptree Fabrics** [Marsham], **Collectibles** [quality clothes, books, specialist items], **Plant & Produce Stalls** [fruit, veg and preserves plus sweets from Carousel Chocolates], a hands-on **Tie-Dye Stall** and a **Raffle** with quality prizes.

Contactless payment [but cash preferred], parking, toilets and refreshments [tea & cake at Ivy Cottage and Burger Bar at the Village Hall] will be available.

Limited disabled access only – contact us if you need further information.

There will also be about 12 'yard sales' throughout **Wickmere Village**, selling a wide range of items, so come and bag yourself a bargain! You'll know where they are by the balloons on the gates.

ALL PROCEEDS WILL GO TO THE OCHRA KONDAL BOREWELL PROJECT

Please promote this event and, if you can, support it on the day

POSTERS AND FLIERS ARE AVAILABLE - PLEASE ASK!!

Profile: Ms Theara Kao



Next in our series of invaluable Cambodian contacts helping to deliver **Support Cambodia** projects is **Theara Kao**, Finance Officer for the Apostolic Prefecture of Battambang. All our funding goes directly to the Prefecture bank account to be held securely and then distributed by Theara according to our Trustee Board instructions. Here is a little about her: Theara, born and educated in Battambang, is the fourth of six children of Buddhist parents. She first met **Bishop 'Kike' Enrique Figaredo** [known as 'The Wheelchair Bishop'] in 1994 when he brought a wheelchair for Theara's brother. Encouraged by him, she began to work for the Prefecture during her four years at university, working in the daytime and studying at night. She has now been with the Finance Office for 15 years.

Theara became a Christian in 2015 and, on Valentine's Day the same year, married **Mr Bora Ro**, a Catholic from Kampong Cham in the south of the country. They now have three beautiful children and Theara continues to work for Bishop Kike. She says, "I really thank God for everything that I have and especially Bishop Kike who always support and encourage me".

And **Support Cambodia** thanks Theara! - for without her efficiency and support, our task of "Supporting Cambodia" would be so much more difficult, maybe even impossible.

Okoon, okoon charen [thank you, thank you very much] Theara!

News in Brief

Covid-19 in Cambodia: latest news at www.khmertimeskh.com and www.cambodiadaily.com

Support Cambodia Website www.supportcambodia.org.uk

Most of our **latest news and pictures** appear first on our Facebook Page which is directly accessible from the website. You do not need to be a Facebook user to read this!

But there's much more on the website! So make yourself a cuppa... and have a browse!

Event News & Fundraising

Mannington Hall Charities Day
Sunday 5th September

Another date for your diary. This annual event is being organised by local charity, **Hospice Ethiopia UK**, on behalf of Lady Walpole. The range of attractions include over 30 craft stalls, crockery smashing, family dog show, live entertainment, cookery demonstrations, children's storyteller and much more. Around 20 local charities will

have their own stalls including
Support Cambodia. Do come and see us!
Sunday 5th September from 11 am. Admission: £6.00, children free.

Online Talks

None of us yet know what the winter will bring in the way of restrictions but if you run a group [or just planning a virtual fundraiser?!] and would like to book one of our Online Talks, please get in touch

Support Cambodia Shop

For Sale:



This beautifully hand knitted
Scarecrow
price **£10.00**
kindly donated by a Supporter.

A REMINDER:

The Shop and The Hutch at
Ivy Cottage, 22 Regent Street, Wickmere, NR11 7ND
are **open daily from 10am** for plants, books, preserves, fresh produce [when available], inexpensive handmade gifts and Cambodian crafts. **Scroll down for contact details.**

THANK YOU to everyone who has supported both **The Shop/Hutch** and **Carol Shippey's Cawston-based stall.** Since April 1st, they have raised **over £500** and **nearly £300** respectively to support the Hygiene Fund, the Housing Project and the Food Packs. Fantastic!

And finally, as promised...

...the winning pictures from our Photographic Competition



A unique range of **Bags**, handmade in Norfolk from real Cambodian silk.
£4.95 - £15

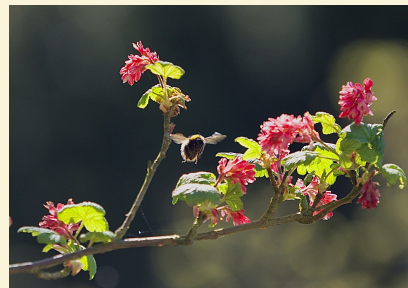
Please contact us if you're interested in purchasing either of these.



1st: 'Frozen Moorland' by Andy Booth



2nd: 'Black and White Lily' by Hannah Jenkinson

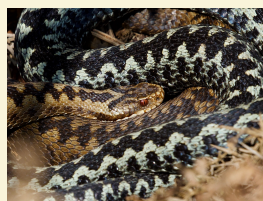


3rd: 'Bee on Flowering Currant' by John Dawson

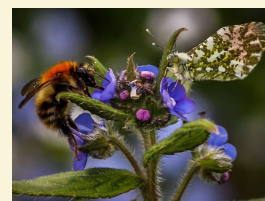
Highly Commended:



'Brown Hares' by Nick Jeavons



'Adder' by John Dawson



'Bee and Butterfly' by Alistair Bennett

Can You Help?

Planning for **fundraising events** has become somewhat of a challenge during lockdown.

We would love to hear from anyone who would like to host an event in aid of **Support Cambodia**, either now or after restrictions have been lifted. We would be very happy to offer you any support you might need. Thank you.

Contact Us

Would you like to know more about Support Cambodia? We can offer illustrated talks on both Cambodia and the work of the Charity. There is no charge but donations are welcome

Become a Supporter

SUPPORT CAMBODIA

Call on: +44(0) 1263 577784
Send a text to 07759982011

Support Cambodia
Ivy Cottage
22/23 Regent Street
Wickmere
Norfolk
NR11 7ND

info@supportcambodia.org.uk



Sponsors



This email was sent to {{ contact.EMAIL }}
You are receiving this email because you have asked to be on our Mail List.
Want to change how you receive these emails?
[Unsubscribe here](#)

Sent by
 sendinblue



For all your Business & Home I.T needs.
IT Support, e-mail, websites & hosting
Office 365, Security & Backup
Tel: 01692 403060

Website & Newsletter Proudly Designed and Maintained by The Tech Geeks

THANK YOU FOR SUPPORTING CAMBODIA
© 2021 SUPPORT CAMBODIA. UK REGISTERED CHARITY NO. 1160483