



Helping Communities in North-West Cambodia

Summer 2020

MANGO NEWS

Summer 2020

Katie Maidment writes in appreciation of Trustee Bob Maidment who died in April....



BOB MAIDMENT [21.7.46 – 26.4.20] wasn't just a dependable and universally popular figure [and my husband for nearly 48 years] but also a founder member of **SUPPORT CAMBODIA** and the charity's meticulous Treasurer since it's inception over 5 years ago.

It was Bob's decision to join Fr Philip Shyrane's trip to Cambodia in 2007 [I only went because I didn't want to miss out!] that introduced us to Cambodia and went on to inspire so many people in the UK to help some of the most disadvantaged people in the world. After that first visit in 2007 [between us, we've visited every year since then] Bob decided that although he wished otherwise, he was too old to live and work

permanently in Cambodia, so the next best thing was to raise funds and awareness at home. And so, his and my lifelong commitment to Cambodia was born and finally led to the founding of the charity in 2015.

It is largely the legacy of Bob's vision that has encouraged the Trustee Board to continue **SUPPORT CAMBODIA**, albeit with some necessary changes. 'Okoon Lok Ta Bob' [thank you Grandpa Bob]: may your practical compassion, open-hearted friendliness and gentle good humour continue to inspire all of us who work to "Support Cambodia".



In 2016, via two anonymous donors, **SUPPORT CAMBODIA** funded a Community Room at St. Francis Xavier Church in Svay Sisophon. Parish Priest Father Greg Priyadi has now re-named the room in memory of 'Grandpa Bob'. This picture will be on the wall inside and the name on the door will be "Bontup Lok Bob" [Bob's Room].

What a great honour – *okoon charen* Fr Greg and the students of De Nobili Centre.



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BOB'S TRIBUTE FUND...THANK YOU

Heartfelt thanks to the many, many people from all over the world, who sent wonderful messages, cards or made donations in memory of Bob. The scale of the response was both staggering and humbling and illustrated the huge extent to which he was admired, respected and loved by so many people. The final total, including cash, cheques and all online donations, came to an unbelievable £1837.85. The **SUPPORT CAMBODIA Trustee Board** have decided the money should be used in Cambodia for a significant project [eg: a borewell or community building] in memory of Bob. Selecting a suitable project will take time - we'll let you know in due course.

CHANGES TO THE SUPPORT CAMBODIA TEAM:

The Support Cambodia Trustee Board and 'who does what':



Katie Maidment

Chair

Communications/Publicity



David Patrick

Treasurer



Carol Shippey

Sponsorship



Fran Ludden

Coin Jars/Collecting Tins

Mango News



Susie Thomson

Fundraising

Co-ordinator

NEWS FROM CAMBODIA

Sister Vangie, Pailin Province: "Three weeks ago I went to the village..... to give some food assistance (rice, noodles, sardines, Covid Kit) being aware of their difficulty of securing food for the family due to the crisis. The mothers have not enough food to eat, so less mother's milk. Some mothers make an alternative of feeding their babies with water and sugar, others use rice water with sugar. There are some other needs, but I feel that this is the most important as of now."



Brother Francis, Pailin: "The situation in Cambodia is far better than in other countries. As at now Cambodia has had a total of 156 confirmed cases, 133 recovered and no death recorded. [Editor: currently foreigners coming into Cambodia have to deposit \$3000, get tested

and then quarantine for 2 days in a hotel awaiting results. If no Covid-19 they can go for private quarantine for another 12 days. All hotel charges etc. are deducted from the \$3000]

Our learning center is closed since the beginning of the pandemic, but the government is contemplating opening schools in stages, Universities [August], Secondary/High School [September] and Primary Schools [November]. However, our donors are no longer in position to support us ...we have had to pay our teachers and our other expenses from money set aside for building projects. Lavalla Boys Hostel is completed and furnished but we still need \$45,000 to complete the girls' accommodation."



Marist Brothers, Pailin

PROJECT FUNDING

As you will have read in the Supporters' Letter [sent 30th June], the Trustee Board has made



the decision to [1] shrink the geographical area we cover in Cambodia and [2] concentrate funding on locations receiving no other NGO help. This is a direct result of both the change in the charity's circumstances and the effect of the current pandemic.

Based on these principles, funding for the following projects has been sent recently:

1. Repair of **two disused Borewells in Nikum**, bringing clean water to over 100 families.

2. **Bicycles for 6 students** also in Nikum.

3. Repairs to the **Borewell at Prey Santeas Primary** and the **Solar Panels at Phnom Priel Primary**. These facilities were both installed by **SUPPORT CAMBODIA** and affect a total of over 500 children.

4. **Formula Milk for 20 babies** in Siem Reap and Pailin

Provinces. Loss of earnings due to Covid 19 has meant a crisis for many new mothers who themselves are not eating and so are not producing milk for their babies [see Sister Vangie's news on **PAGE 2**]



2016: Opening the Solar Panels at Phnom Priel

PROJECTS PENDING:

Reedonkao Borewell



*a **Toilet Block** at Reedonkao near Battambang [the site of our 9th Borewell in 2019]

***150 'Hygiene Bags'** for Betty Millena's Women's Health Project in Siem Reap Province [see **PAGE 4**]

Other future projects will depend very much on what funds we are able to raise, given the current restrictions on big events.

SEE PAGE 4 FOR SOME GREAT FUNDRAISING IDEAS THAT YOU COULD DO TO HELP US

CHANGES TO THE 'COINS FOR CAMBODIA' JAR SCHEME

The 'Coins for Cambodia' Collecting Jar Scheme has been running now for 4 years and in that time has collected over £4000. Thank you so much if you have been contributing to this wonderful total. **In 2020 all proceeds from the Jars are going to the Women's Health Fund.**

However, times have changed and we are aware that loose change is not longer as plentiful as it was. We value your help very much so **we have made some changes** to make it easier for you to continue supporting the charity on a regular basis and encourage more people to join the scheme. These include the ability to make regular donations **ONLINE or by CHEQUE, BANK TRANSFER or STANDING ORDER.**

All current Coin Jar holders will be contacted over the next few weeks with details of the optional changes.

IF YOU WOULD LIKE TO JOIN THE 'Coin Jar Scheme' or make a regular donation, PLEASE CONTACT US [contact details on PAGE 5]

EVENTS & FUNDRAISING


A HUGE 'thank you' to everyone who has supported the various **SUPPORT CAMBODIA PLANT STALLS** around the area during the lockdown. The total raised so far is a wonderful **£630**.

Thanks especially to **Libby Henshaw, Carol Shippey, Mary Rando and Wendy Adamson** for their efforts. The stalls, including the one at Ivy Cottage, Wickmere are still going with jams, books and other goodies as well as plants.

Our new Fundraising Co-ordinator

SUSIE THOMSON writes.....

We are looking for new, interesting and enjoyable ways to fundraise, as currently it is proving challenging to run our traditional fundraising events. Here are some simple ways you can help to raise money for **SUPPORT CAMBODIA**:

- **ONLINE SHOPPING:** signing up for Easyfundraising  www.easyfundraising.org.uk/supportcambodia is straight forward and immediately raises money from purchases you make. There's a choice of over 3000 retailers - and it doesn't cost you a penny extra!
- **THE COIN JAR SCHEME** [see PAGE 3] - every penny really does make a difference!
- **GIFT AID** is another simple avenue to support our projects. If you are a UK Taxpayer, once you are registered for Gift Aid with Support Cambodia, the charity can claim up to 25% on top of any donation you choose to make! Very worthwhile!
- We are also considering holding **ONLINE EVENTS** such as a **quiz, bingo, an online concert and a bake off competition!**

There are many more suggestions which we are exploring but we would like to encourage as many of you as possible to think about **FUNDRAISING YOURSELF**, either through a **roadside book or produce stall or perhaps a virtual cake sale** with friends & family joining in with a cup of coffee! Do look out for the events as we advertise them.

IF YOU WOULD LIKE TO HELP then please contact either **Fran Ludden or Susie Thomson**, especially if you have some good ideas!
01263 734445 01603 755333 or thomson873@btinternet.com

TABLE TOP SALE SATURDAY 1st AUGUST – Aylsham Market Place 9am to 12 noon.

Cambodian Crafts only [no plants, cakes or bric-a-brac]. **These are the new crafts we brought back in February - don't miss the first opportunity to buy!!!**

Sadly, the **RACE NIGHT** scheduled for **SATURDAY 10th OCTOBER** has had to be **CANCELLED** owing to ongoing restrictions on indoor events.

FOR THE SAME REASON WE HAVE NO OTHER EVENTS SCHEDULED AT PRESENT.

PLEASE KEEP CHECKING OUR WEBSITE [www.supportcambodia.org.uk>DIARY]

WOMEN'S HEALTH PROJECT: 'HYGIENE BAGS'

Ladies! We need your help. Lay missionary **Betty Millena** has requested 150 'Hygiene Bags' to help with her Health Education Project with women in rural villages outside



Siem Reap. The drawstring bags, 24cm x 24cm, are made of cotton fabric and lined with waterproof material. As part of her fortnightly health education classes in the villages, Betty distributes shampoo, washing powder, toothpaste, soap and underwear. The personal bags encourage the ladies to look after the items, practise good hygiene and take a pride in themselves.



Tricia Hunt, who runs **Tuliptree Fabrics** [Marsham Business Park, Old Norwich Road, Marsham] has offered to help organise the making of these bags in her workshops and provide the materials. We're going to meet for a cuppa and an informal [socially-distanced] workshop at **Tuliptree** on **Friday 14th August [morning] and/or Monday 17th August [afternoon]** depending on how many people are interested. If you'd like to come along or get further information

please contact:

FRAN LUDDEN franludden@btinternet.com / 01263 734445

TRICIA HUNT thunt2102@gmail.com / 01263 834353

IF YOU'RE STAYING CLOSE TO HOME AND HAVE A MACHINE, we can deliver materials/instructions to ensure the bags are of consistent quality.

IF YOU DON'T SEW BUT WOULD LIKE TO HELP BETTY'S PROJECT, donations specifically to the **Women's Health Fund** will help provide some of the items that go in the bags. [For details of how to donate please see **PAGE 6**]



ADMINISTRATION SPONSORSHIP

As you know, **SUPPORT CAMBODIA** takes no administration costs out of charitable donations. Essential costs [insurance, bank charges, stall fees etc] are partly covered by local businesses. In return **SUPPORT CAMBODIA** undertakes to promote their business and encourage our **SUPPORTERS** to support them. The Trustees are enormously grateful to our Sponsors, without whom we could not honestly say "every penny of your donation goes to the projects".

Shortly we will be looking for Sponsors for 2020/21.

If you're interested in helping in this way, please contact Carol Shippey [01603 872901] for details

Thank you to our six administration sponsors 2019/20



AND OUR OTHER 'BUSINESS SUPPORTERS' & TIN HOLDERS

AYLSHAM: The Unicorn Public House.... Bond's Chip Shop....Bon Bon's
 NORWICH: The Fat Cat Public House

IF YOU CAN, PLEASE SUPPORT THESE BUSINESSES AT THIS DIFFICULT TIME. Thank you.

INFORMATION & CONTACTS

MANGO NEWS

To receive Mango News by post or email please ask for a blue **SUPPORTERS** form OR go to the CONTACT US section of the website and complete the online form.

To ensure you get Mango News PLEASE ADD OUR EMAIL TO YOUR ADDRESS BOOK

and check your Junk Box!

Mango News is also available online at: www.supportcambodia.org.uk

CHANGES TO MANGO NEWS.....from outgoing Editor Katie Maidment

This will be my last **MANGO NEWS** as Editor. Thank you to everyone for reading and contributing to the newsletter over the last 6+ years – I do hope you've enjoyed it and found it informative.

From September 2020, **Fran Ludden** will take over as Editor – I wish her all the best - and in doing this we will be tailoring our Mail List to *those who really wish to be on it*. SO....

IF YOU WISH TO CONTINUE TO BE ON OUR MAIL LIST

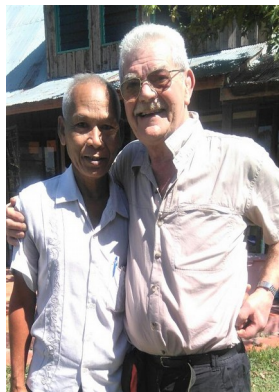
PLEASE SEND US A READ RECEIPT OR A MESSAGE TO SAY SO!

If you already responded in this way to our last communication on June 30th thank you: there is no need to do it again as we have kept a list!!

TALKS

Would you like to know more about Cambodia? We can offer illustrated talks on any aspect of Cambodia. We can tailor the talk to your requirements and bring crafts for sale if it's appropriate.

There's no charge but a donation to the charity is always appreciated. *Contact us if you're interested.*



DONATIONS Cash, standing order or cheques made payable to 'Support Cambodia'.

Barclays Bank a/c no. 13194868 Sort Code: 20 - 03 - 26 or donate online via the website.

Gift Aiding your donation increases it's value by 25%. Please ask for a form.

CONTACT US

www.supportcambodia.org.uk

email: info@supportcambodia.org.uk *please use this for charity business NOT katbob@live.co.uk*

Facebook: Support Cambodia

phone: +44[0]1263 577784

text: 07759982011

WhatsApp: Support Cambodia Update [to join: message Katie **on 07759982011**]

Post: Katie Maidment, 22/23 Regent Street, Wickmere, Norwich, Norfolk, NR117ND

for **MANGO NEWS/COIN JARS/COLLECTING TINS: contact Fran Ludden**

email: franludden@btinternet.com **phone:** 01263 74445 **mobile:** 07849 60227

post: 110 Hungate Street, Aylsham, Norfolk, NR11 6EA