

SUPPORT CAMBODIA

Charity Number 1160483

Helping Communities in North-West Cambodia

November 2018

MANGO NEWS

November 2018



new bikes in Banteay Meanchey.....and.....new roof at Pongro Day Care Centre



Tampoung: the old kitchen/ dining room....andthe new one takes shape



TRUSTEE VISIT

Bob & Katie Maidment, Jan Northway, Fran Ludden
will visit Cambodia from
14th January - 2nd February

Follow the trip on Facebook

Facebook account not needed: access via
our website: www.supportcambodia.org.uk

ANNUAL GENERAL MEETING

Monday 3rd December 6.30pm

Aylsham Catholic Church,

Open to all.

REVIEW OF THE YEAR.....TREASURER'S REPORT
PLANS FOR 2019.....FUTURE PROJECTS.....

please note: this is a meeting not a social event

See PAGE 4 for our 2019 dates

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P4...**INFORMATION/DIARY.....**P5 **GALLERY**[e-edition only]

Latest news? Go to Facebook [accessible by anyone via www.supportcambodia.org.uk] no account needed

SUMMARY OF PROJECTS FUNDED [Financial Year ending 30/11/18]

- **Family & Community Water Filters for 8 rural locations in NW Cambodia**
Reports suggest the filters are popular and working well. 5 centres have asked for more.
- **Contribution to 'Rice for the Poor'**, Jesuit Service, Banteay Meanchey
- **Toilets & Water Connection**, Kamping Pouey Secondary School, Battambang Province
- **Water Connection** at Chomcatamau, Kompong Chhnang
This has proved very successful: we will visit to check on it in January.
- **Re-flooring of the Study Room** at Tampoung, Battambang
- **Community Building & Vegetable Garden**, Pheasabao Village, Pailin Province
- **Borewell** at CROAP Agricultural Centre *Picture on Gallery Page [e-edition only] Video clip on our Facebook Page. We will visit the well & the Marketing Outlet project in January.*
- **Borewell** at Day So Primary School, Pailin Province
- **30 Bicycles** for the Jesuit Service, Banteay Meanchey Province
Bikes distributed and in use [picture on Page 1]
- **10 bicycles** for students at Taom & Piaksnaeng
- **10 bicycles** for students in Pailin Province
- **6 bicycles for students in Nikum Village**, Battambang
- **Snacks** for OLM Kindergarten, Pursat
- **Support for Sister Franny's Education Programme [Feeding]**, Pursat Province
- **Fencing for the Marist Kindergarten**, Pailin City
- **Rice Soup/Baby Milk Programme**, Banteay Meanchey & Nikum
- **Baby Milk & Antenatal Support** at Taom, Piaksnaeng & locations in Pailin Province
The Annual Appeal funded over half the Rice Soup/Baby Milk/ Maternal Health Programmes. Read about Moira Selvage's great contribution to this on Page 3.
- **Roof Replacement** at the Day Care Centre, Pongro Village, Banteay Meanchey
Just completed! [pictures on Page 1 & Gallery Page [e-edition only]
- **Rebuilding of the Kindergarten Kitchen/Dining Hall**, Tampoung
Building is well advanced: estimated completion early December [pictures on Page 1]
- **Hygiene/Education Funds for toiletries & stationery.**
To be distributed during the Trustee Visit in January.

The fact that **SUPPORT CAMBODIA** has been able to complete so many projects in 12 months is largely due to the generosity, commitment and energy of many, many people, particularly our **SUPPORTERS**, Coin Jar holders and regular donors. If you are one of these... a personal 'okoon charen':it couldn't happen without you.

To everyone whose contributions have made these projects happen

THANK YOU FOR SUPPORTING CAMBODIA IN 2018

Full details of funds raised and distributed in 2018 are available on request: please contact Trustee BOB MAIDMENT [Treasurer].

Alternatively, you are invited to attend the Trustees AGM on MONDAY 3rd DECEMBER at 6.30pm which is open to everyone. Details on Page 1.

Accounts for 2017 are available to view at www.charitycommision.gov.uk.

1. WALKING THE CAMINO FOR CAMBODIA

Gorleston's indefatigable walker, Moira Selvage, has been at it again! This time, a



challenging 658k in 29 days along the Ignatian Camino from Loyola to Manresa. Sponsored by a large number of friends, associates and Gorleston parishioners in aid of the Support Cambodia Annual Appeal, it was truly a 'walk of love' for needy Cambodians. A few of Moira's impressions:

" Picturesque mountains in the Basque Region climbing in rain, lightning, mists; the luscious fruit and nut farms of Navarra; the daunting Cantabrian mountain range (and the mud!); flourishing grape vines in La Rioja; through the semi desert region of the Monegros in an unbearable 33c ; walking on a variety of paths, forests, stone, asphalt, beside railway lines and highways; along the mighty River Ebro and the long Imperial Canal ; appreciating the stunning Mudejar architecture in Alagon; Catalunya with its stupendous range of mountains in Monserrat, climbing to 1258m for breathtaking panoramic views: and finally, to Manresa with its Ignatian presence. Mission accomplished - thanks be to God".

A wonderful achievement and especially fitting as so many of SUPPORT CAMBODIA'S friends and distributing partners in Cambodia are Jesuits, descendents in faith of St. Ignatius himself. Very well done... and thank you Moira. *Pictures on our Facebook Page.*

FROM THE TRUSTEES It's with regret we announce that **Trustee IAN ANDREWS** has decided to step down from the position for personal reasons. As a founding member of the charity, Ian's continual support and conscientious advice have been greatly appreciated by his fellow Trustees and we shall miss his knowledge and judgement enormously. On behalf of everyone, thank you Ian.

The charity's **Annual Appeal**, held in September which included events at Mannington, Aylsham, Walsingham and the Race Night raised a wonderful **£3115**. Details and pictures on the website.

The Trustees would like to express their gratitude to our **BUSINESS SUPPORTERS** [**Bonds Chip Shop, Carousel Chocolates, Ludham Bridge Stores, the Unicorn Public House**] and **ADMINISTRATION SPONSORS** [**Bon Bon's, Eclipse Hair Studio, Peggy's Products, Tech Geeks, Tuliptree Designs**]: *If you run a business and would like to 'SUPPORT CAMBODIA'* [eg: having a collecting tin, sponsorship or advertising our events] please **CONTACT US**.

Thank you especially to the **international foundation** [who wish to remain anonymous] without whose very generous donation the new kitchen/dining room at Tampung would not have been built.

After two years, our **EASYFUNDRAISING** total still stands at **£74.35** with only 17 people signed up PLEASE...IF YOU'RE SHOPPING ONLINE FOR CHRISTMAS, sign up, follow the instructions and raise cash for **SUPPORT CAMBODIA**. Once you're set up, it only takes **ONE CLICK**and **IT'S FREE!!!**

Help support us: <https://www.easyfundraising.org.uk/causes/supportcambodia/>

DIARY DATES 2019: FOLLOW the Trustee Visit on Facebook [14th January to 2nd February] Soups & Slides [16th March].....Plant Sale [18th May]....Race Night [Autumn tbc] Mannington Charities Day [1st September].....

INFORMATION & CONTACTS

DIARY DATES

NOVEMBER

Saturday 24th : Support Cambodia stall at North Walsham Christmas Fair & Switch-On
2 – 6pm. *Warm up with Carol's famous mulled wine and mince pies!*

Thursday 29th Nov – Tuesday 4th Dec: Christmas Tree Festival: Aylsham Parish Church.
Come & see our 'Khmer' themed tree on Friday 30th 'Switch-On' night 5pm – 8pm.

DECEMBER

Saturday 1st : Support Cambodia stall @ Cromer Christmas Fair 10.00 – 5.00pm Cromer Parish Hall. *Cambodian crafts, unusual gifts, good bric-a-brac + demonstration of Water Filters. All proceeds to the Water Fund.*

Monday 3rd : Support Cambodia stall at St. Michael's Christmas Market 9 – 3pm at Aylsham Parish Church *Soup lunches will be available.*

ALSO MONDAY 3rd :

TRUSTEES AGM & OPEN MEETING 6.30pm Aylsham Catholic Church

This is open to anyone who wishes to come. It is not a social occasion.

MAIN DATES FOR 2019

JANUARY Monday 14th - 2nd February: Trustee Visit to Cambodia

MARCH Saturday 16th March: Soups, Slides & Crafts event @ Sacred Heart Hall, North Walsham
11.30 – 2.30pm [soup served from 12noon] *Tickets on sale: 24th February*

LOOKING AHEAD

Saturdays 1st June & 3rd August: Table Top Sales at Aylsham *Help is always needed*

Saturday May 18th : Support Cambodia Plant Sale @ North Walsham.

Lots of help needed for this event – PLEASE OFFER YOUR SERVICES!

Autumn date to be confirmed: Race Night at North Walsham

OTHER EVENTS TO BE CONFIRMED. LATEST EVENT DETAILS please go to:

www.supportcambodia.org.uk & our Facebook Page [no Facebook alc? access via our website]

MAIL LIST

To receive Mango News and other updates **by email** please email Katie [details below]

To ensure you get Mango News PLEASE ADD OUR EMAIL TO YOUR ADDRESS BOOK

Mango News is also available online at: www.supportcambodia.org.uk

To receive Mango News and updates **by post** please contact us with your name and address.

DONATIONS Cash, Standing Order or cheque payable to “Support Cambodia”.

Barclays Bank a/c no 13194868 Sort Code: 20 – 03 – 26 or donate online via the website

Gift Aiding your donation increases its value by 25%. Please ask for a form.

CONTACT US

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NEXT ISSUE: March 2019

Contributions to the Editor [Katie Maidment] by **February 24th** please

*****PHOTO GALLERY*****



Annual Appeal: fundraising at Walsingham and... Mannington Charities Day



studytime at Tampung



Sister Amor at Pongro Day Care Centre



SUPPORT CAMBODIA Borewell at CROAP



Rice Soup at Taom Kindergarten



Flooding at Battambang church



Moira Selvage



Nhor Chamrom [Rohal] visited UK